

14 Strategies for Universal Design

14.Use mindfulness techniques

Strategy
Keep reliable routines
2. Warn before any transitions
3. Use simple concrete language
4. Provide demonstration of a skill with a narration of how you are
doing it- the 'think out loud' method
5. Instruction to be short, specific, direct and frequently repeated.
6. Advanced organizers with a plan for the class is helpful
7. Wait longer after giving instructions to allow for additional
processing time.
8. Preview basic concepts and assignments that will be covered.
9. Reduce visual stimulus by simplifying what is in the classroom,
labelling items and keeping them organized.
10. Reinforce all written material aurally as learners are new to
writing/reading in all languages
11. Use bigger fonts and more spacing.
12. Lower the noise level
13.Remove distractions.